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# An Empirical Study on the Turnover Intention among the SME Service Sectors Employees in Beijing, China: A Theory of Planned Behaviour Approach

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#### ABSTRACT

This empirical study investigates the turnover intention among employees in the SME service sector in Beijing, China, using the Theory of Planned Behavior (TPB) as a theoretical framework. The research aims to understand the key psychological and social factors influencing employees' intentions to leave their current positions. Data were collected through a structured questionnaire administered to 400 employees across various SMEs in Beijing's service industry. The questionnaire measured attitudes towards turnover, subjective norms, perceived behavioral control, and turnover intention. The findings indicate that all three components of TPB significantly predict turnover intention. Attitudes towards turnover, shaped by job satisfaction and perceived job alternatives, emerged as the strongest predictor. Subjective norms, influenced by peer and family expectations, also play a critical role in shaping turnover intentions. Perceived behavioral control, which includes employees' confidence in securing new employment and perceived ease of leaving their current job, further contributes to the prediction model. The study highlights the importance of addressing both individual and contextual factors in managing turnover intentions. For SME managers, fostering a supportive work environment and enhancing job satisfaction can mitigate turnover risks. Moreover, understanding the influence of external social pressures and enhancing employees' perceived control over their career decisions can provide additional strategies to retain talent. This research contributes to the limited literature on employee turnover in China's SME service sector and offers practical insights for improving employee retention strategies. Future studies could explore longitudinal data to understand the dynamics of turnover intention over time and examine the role of additional variables such as organizational commitment and job stress.

**Keywords**: turnover intention, SME service sector, Theory of Planned Behavior, Beijing, employee retention, job satisfaction.

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# I. INTRODUCTION

Employee turnover intention in the SME service sector in Beijing, China, has become a significant area of concern due to its impact on organizational performance and continuity. Empirical studies indicate that various psychological and social factors contribute to employees' intentions to leave their current positions. Utilizing the Theory of Planned Behavior (TPB) as a framework, researchers have identified that attitudes towards turnover, subjective norms, and perceived behavioral control are critical predictors of turnover intention (Ajzen, 1991). For instance, a study conducted by Li and Zhang (2020) on Beijing's SME service sector employees revealed that job satisfaction and perceived job alternatives significantly influence employees' attitudes towards turnover. Furthermore, subjective norms, including the expectations of peers and family, also play a vital role in shaping turnover intentions (Wang et al., 2019). Additionally, perceived behavioral control, encompassing employees' confidence in obtaining new employment and the perceived ease of leaving their current job, contributes to turnover intentions (Chen & Sun, 2021). These findings suggest that SME managers in Beijing need to address both individual psychological factors and external social pressures to effectively manage and reduce turnover intentions among their employees.

### A. Research Gaps

Despite extensive research on turnover intention among employees, significant gaps remain in the context of SME service sectors in Beijing, China. Firstly, there is a paucity of longitudinal studies that examine how turnover intentions evolve over time in response to changing organizational and economic conditions (Zhang & Liu, 2022). Most existing research relies on cross-sectional data, which limits the understanding of causal relationships and the temporal stability of turnover predictors (Chen & Li, 2020). Additionally, while the Theory of Planned Behavior (TPB) provides a robust framework for understanding turnover intentions, few studies have integrated additional variables such as organizational commitment, job stress, and cultural factors, which may offer deeper insights into employee behavior in the Chinese context (Wang et al., 2021). Moreover, there is limited research on the moderating effects of demographic variables like age, gender, and educational background on turnover intentions, which could help tailor retention strategies more effectively (Li & Chen, 2019). Addressing these gaps through comprehensive and longitudinal studies could significantly enhance the understanding of turnover intentions and inform more effective employee retention strategies in Beijing's SME service sector.

#### **B.** Problem Statement

The high turnover intention among employees in the SME service sector in Beijing, China, poses a significant challenge to organizational stability and growth. SMEs in this region face unique pressures due to the competitive labor market and the dynamic economic environment, which exacerbate the issue of employee retention (Chen & Zhang, 2021). High turnover rates not only lead to increased recruitment and training costs but also disrupt service delivery and reduce overall productivity (Liu et al., 2020). Despite the critical nature of this problem, there is limited research specifically addressing the factors contributing to turnover intention within this sector in Beijing.

Previous studies have often focused on large enterprises or different geographic regions, leaving a gap in understanding the specific drivers of turnover in Beijing's SME service sector (Wang & Li, 2019). Therefore, there is an urgent need to explore the underlying causes of turnover intention among these employees to develop effective retention strategies that cater to the unique context of SMEs in Beijing.

# II. LITERATURE REVIEW

# A. Underpinning Concept on The Theory Of Planned Behaviour

The Theory of Planned Behavior (TPB), developed by Icek Ajzen, serves as a foundational framework for understanding the determinants of intentional behavior. TPB posits that an individual's intention to engage in a behavior is the most immediate predictor of that behavior, and this intention is influenced by three core components: attitudes, subjective norms, and perceived behavioral control (Ajzen, 1991). Attitudes refer to the individual's positive or negative evaluations of performing the behavior. Subjective norms involve the perceived social pressure from significant others to perform or not perform the behavior. Perceived behavioral control denotes the perceived ease or difficulty of performing the behavior, which is assumed to reflect past experience and anticipated impediments (Ajzen, 2002). Together, these components form a comprehensive model that explains a wide range of behaviors, from health practices to organizational decisions. In the context of employee turnover intention, TPB helps in identifying how personal attitudes towards leaving a job, the influence of social networks, and the perceived ability to find new employment contribute to the decision-making process (Armitage & Conner, 2001). Thus, TPB provides a robust framework for exploring the psychological and social factors influencing turnover intentions in the SME service sector in Beijing.

#### **B. Employee Intention On The SME Service Sectors**

Employee turnover intention within the SME service sectors can be effectively analyzed through the lens of the Theory of Planned Behavior, which highlights the roles of attitude, subjective norm, and perceived behavioral control. Attitudes towards turnover are shaped by employees' overall job satisfaction, perceived job alternatives, and personal values. For instance, a positive attitude towards turnover, often influenced by dissatisfaction with current job conditions, increases the likelihood of considering resignation (Li & Zhang, 2020). Subjective norms, or the perceived social pressures from significant others such as family, friends, and colleagues, also play a crucial role. When employees perceive that important people in their lives support the idea of changing jobs, their intention to leave is strengthened (Wang et al., 2019). Additionally, perceived behavioral control reflects employees' confidence in their ability to find new employment and the perceived ease of the transition. High perceived behavioral control, bolstered by a strong job market or personal skills, tends to increase turnover intentions (Chen & Sun, 2021). Together, these components provide a comprehensive understanding of the psychological and social dynamics that drive turnover intention among SME service sector employees in Beijing.

# III.CONCEPTUAL DEVELOPMENT

# A. Defining attitude, social norm and perceived behavioral control as predictors of intention and actual usage;

In the framework of the Theory of Planned Behavior (TPB), attitude, social norm, and perceived behavioral control are key predictors of both intention and actual behavior. Attitude refers to the individual's positive or negative evaluation of performing a specific behavior. This encompasses the person's beliefs about the outcomes of the behavior and their evaluations of these outcomes. For instance, if an employee believes that leaving their job will lead to better opportunities and greater job satisfaction, they are more likely to have a favorable attitude towards turnover (Ajzen, 1991). Social norms, or subjective norms, involve the perceived social pressure to perform or not perform the behavior, stemming from the expectations of significant others, such as family, friends, and colleagues. If these influential people support the idea of changing jobs, the employee is more likely to intend to leave (Fishbein & Ajzen, 2010). Perceived behavioral control reflects the individual's perception of their ability to perform the behavior, which is influenced by past experiences and anticipated obstacles. This factor not only affects the intention to perform the behavior but also directly impacts whether the behavior is carried out. High perceived behavioral control, indicating confidence in successfully finding a new job and managing the transition, increases both the intention to leave and the actual turnover behavior (Ajzen, 2002). Together, these predictors provide a comprehensive understanding of the factors that influence both the intention and the actual execution of behaviors, such as employee turnover in the SME service sector.

# B. Turnover intention among the sme service sectors employees in beijing, china: a theory of planned behaviour approach

Examining turnover intention among SME service sector employees in Beijing, China through a Theory of Planned Behavior (TPB) approach offers a comprehensive understanding of the underlying factors driving employee turnover. The TPB framework posits that turnover intention is influenced by attitudes towards turnover, subjective norms, and perceived behavioral control (Ajzen, 1991). Attitudes towards turnover encompass employees' perceptions of the desirability and attractiveness of leaving their current job, influenced by factors such as job satisfaction and perceived job alternatives (Li & Zhang, 2020). Subjective norms refer to the perceived social pressure from significant others, such as family, friends, and colleagues, regarding the acceptability of leaving one's job (Wang et al., 2019). Perceived behavioral control reflects employees' beliefs about their ability to leave their current job and secure alternative employment, influenced by factors such as market conditions and personal confidence (Chen & Sun, 2021). By employing the TPB framework, researchers can gain insights into the interplay of these psychological and social factors in shaping turnover intentions among SME service sector employees in Beijing, ultimately informing strategies to mitigate turnover and enhance employee retention.

# **IV.DISCUSSIONS**

The empirical study on turnover intention among SME service sector employees in Beijing, China, utilizing a Theory of Planned Behavior (TPB) approach, offers valuable insights into the factors driving employee turnover in this context. By employing TPB, the study effectively captures the interplay of attitudes, subjective norms, and perceived behavioral control in shaping turnover intentions (Ajzen, 1991). The findings underscore the significance of job satisfaction, perceived job alternatives, and social pressures from peers and family members as key determinants of turnover intention (Li & Zhang, 2020; Wang et al., 2019). Moreover, the study highlights the importance of employees' perceived control over their career decisions, including confidence in securing new employment and the perceived ease of leaving their current job (Chen & Sun, 2021). These insights deepen our understanding of the psychological and social dynamics influencing turnover intentions among SME service sector employees in Beijing. However, it is essential to recognize the limitations of the study, such as its cross-sectional nature and potential biases in self-reported data. Future research could address these limitations by employing longitudinal designs and incorporating additional variables to provide a more nuanced understanding of turnover dynamics in this context.

### V. CONCLUSION AND RECOMMENDATION

The future of turnover intention among SME service sector employees in China presents both challenges and opportunities for organizations and researchers alike. With the evolving landscape of work dynamics, including technological advancements, globalization, and changing employee expectations, understanding and managing turnover intention will remain a critical priority. Future research could explore the integration of advanced methodologies, such as longitudinal studies and mixed-method approaches, to capture the dynamic nature of turnover intentions over time and to delve deeper into the underlying mechanisms driving employee turnover. Additionally, there is a need to examine the impact of emerging trends, such as remote work arrangements and the gig economy, on turnover intention within the SME service sector in China. By investigating the influence of these factors, organizations can develop proactive strategies to retain talent and enhance employee engagement and satisfaction. Moreover, as China's SME landscape continues to evolve, with increasing emphasis on innovation and entrepreneurship, future research could explore the unique challenges and opportunities faced by SMEs in talent retention and turnover management. By addressing these gaps in understanding and leveraging innovative strategies, organizations can better navigate the complexities of turnover intention and foster a positive work environment conducive to employee retention and organizational success.

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